

Amport CE Primary PE Medium Term Plan YR, KS1 and KS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YR	Learning Through Play Gymnastics (High, Low, Over, Under)	Ball Skills (Feet) Dance (Nursery Rhymes)	Ball Skills (Hands) Health & Wellbeing	Ball Skills (Racquets, Bats, Balls, Balloons) Gymnastics (Moving)	Locomotion (Jumping) Attack V Defence	Locomotion (Walking) Dance (Ourselves)
Year 1 and 2 Cycle A	Learning Through Play Gymnastics (Body Parts)	Ball Skills (Feet) Dance (Heroes)	Ball Skills (Hands 1) Attack V Defence	Ball Skills (Racquets, Bats, Balls, Balloons) Dance (Explorers)	Country Dancing Team Building (OAA)	Locomotion (Running) Gymnastics (Linking)
Year 1 and 2 Cycle B	Learning Through Play Gymnastics (Wide, Narrow, Curled)	Ball Skills (Sticks) Dance (Zoo)	Balls Skills (Hands 2) Attack V Defence	Balls Skills (Feet) Dance (Water)	Country Dancing Team Building (OAA)	Locomotion (Jumping) Gymnastics (Pathways)
Year 3 and 4 Cycle A	Tag Rugby Gymnastics (Canon & Unison)	Football Dance (Weather)	Netball Quidditch	Hockey Handball	Athletics Communication & Tactics (OAA)	Cricket Gymnastics (Bridges)
Year 3 and 4 Cycle B	Tag Rugby Gymnastics (Symmetry & Asymmetry)	Football Dance (Wild Animals)	Basketball Dodgeball	Tennis Health Related Exercise	Athletics Problem Solving (OAA)	Rounders Gymnastics (Levels & Direction)

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Year 5 and 6 Cycle A	Tag Rugby Gymnastics (Counter Balance & Counter Tension)	Football Dance	Netball Quidditch	Hockey Handball	Athletics Communication & Tactics (OAA)	Cricket Gymnastics (Creating Sequences)
Year 5 and 6 Cycle B	Tag Rugby Gymnastics (Flight)	Football Dance	Basketball Dodgeball	Tennis Health Related Exercise	Athletics Problem Solving (OAA)	Rounders Gymnastics (Matching & Mirroring)

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